## Mason Invitational (Saturday, September 6)

Race distance: 5k

Location: Corwin Nixon/Pine Hill Park (Mason, OH)

The entries for the Mason Invitational in Mason, OH, are provided below. This will be a relatively large invitational meet that involves a lot of Ohio teams, and some teams from Kentucky and Indiana as well. At least a few of the top teams/runners in the country should be there, as well as highly ranked teams from each State that's represented.

This is a very unique race, with creek crossings and hay bales. Here's some video for the meet that allows you to see the course – so that you know what to expect.

- Promo video: <u>http://oh.milesplit.com/meets/98197/videos?id=28193</u>
- Race video (at the creek): <u>http://oh.milesplit.com/meets/121203/videos?id=28808</u>

The expected race entries are provided below. Please note the arrival time for your race. This year, the JV/Reserves Race was divided into two races (by grade). I would normally like to have everyone arrive in time to see the first race, but with this meet being in Cincinnati, we won't do that with the second JV/Reserve race (although if you can make it, that'd be great!).

Varsity race (5k) <u>arrive by 7:30am</u> (race start 9:00am)

Varsity Team: Sophie Beavin Meghan Carrico Sarah Crawford\*\* Maggie Kaelin Sydney Larkin Lisi Spence Abbie Wright\*\* JV/Reserves (5k) 9/10<sup>th</sup> grade race <u>arrive by 9:00am</u> (race start 11:30am)

<u>JV Team A</u>

Isabel Caddo Lauryn Grady <del>Nicole Grendi</del> Ally Korfhage Jenna Kostecki Ally Priebe Emily Wiegel\*\* Halli Wilkinson\*\* JV Team B Cortney Crump\*\* Melanie Duckworth Katherine Harrod Lacy Magre\*\* Rachel O'Bryan Avery Snook Allie Thomas Sarah Whalen Molly Williams Grace Schoettmer JV/Reserves (5k) 11/12<sup>th</sup> grade race <u>arrive by 10:00am</u> (race start 12:45pm)

JV Team

Emma Baron Bayley Brewer Madison Browning McKenzie Browning Maddie Cardosi Catherine DeMuth Alyssa KK Ella Kostecki Stephanie Lydon Elliot Noe Molly O'Dea Natalie Parrott Gina Passanisi\*\* Julia Reibel\*\* Kaylee Sowers

**\*\*** = girls responsible for leading their group's warmup

We will run the course at about 8:00am for those who are interested. Once the meet begins, they will probably not allow anyone to get on the course, so this will very likely be your only opportunity to see it. Varsity girls will warm up as a team, JV girls will warm up in 3 groups.

*Team tent:* the team tent should be located along the outfield fence of the baseball diamond, adjacent to the main parking lot.

**Meet rules:** please wear your white uniform with black spandex, and **do not wear any jewelry** (i.e. earrings, anything on the wrists or ankles, etc.). Watches are legal in this meet, but the meet official will not let you compete if you're wearing any sort of jewelry, so please leave that stuff at home. A recent rule change makes jewelry legal in 2015, but it's not legal yet.

Course Map: a map is located at the link below

• <u>http://oh.milesplit.com/meets/179864-mason-cross-country-invitational#.U\_C1W2B0yM8</u>

## **Directions** (2 hours from Assumption)

The meet is at Corwin Nixon/Pine Hill Park, which is adjacent to Mason High School on Mason-Montgomery Road. For those with GPS, the address to Mason High School is 6100 South Mason-Montgomery Road, Mason, OH, 45040.

- 1. Take I-71 North to Cincinnati
- 2. Take on I-71 North to Columbus (Exit 1B after crossing the river into Cincinnati)
- 3. From I-71, take Exit 24 Western Row Road (Kings Island Dr exit)
- 4. At the end of the offramp (traffic light), turn left onto Western Row Road
- 5. Continue going straight, the road becomes Tylersville Road
- 6. Turn right on Mason-Montgomery Road (Mason MS is at the corner, on your right)

At the end of the Middle School, you'll see a softball/baseball diamond on the corner of Mason-Montgomery Road and Nixon Park Drive.

7. Turn right on Nixon Park Drive

You'll see Mason High School on your left as you drive down Nixon Park Drive.

8. Continue down Nixon Park Drive to the Lou Eves Pool, there will be people directing you into parking at that point. Lou Eves Pool is supposed to be near the start and finish line.